

2015 Spotlight on Safety Post-Test

1. Kaiser Permanente's **Mission** Statement states: "Kaiser Permanente exists to provide affordable, high quality health care services to improve the health of our members and the communities we serve." What are the **three** major components of our Vision that guide our behavior to achieve our Mission?
 - a. How we relate to each other
 - b. How we work
 - c. How we define success
 - d. All of the above
2. Safety Check "Please" can be called by any person in the organization and **will be** respected by **ALL** present.
 - a. True
 - b. False
 - c.
3. When do you use the " *Safety Check Please*" Process
 - a. Whenever there is a safety concern
 - b. Whenever there is an opportunity to improve current practice
 - c. Whenever The RN Assess and see It necessary to activate the **Lift Team** or **Team Lift Approach**
 - d. All the above
4. Among many Health Hazards of prolonged sitting include:
 - a. Weak Abdominal Muscles:
 - b. Brain Haze
 - c. Loss of Bone Density (Osteoporosis):
 - d. Low back and neck problems
 - e. All of the above
5. To meet the Hand Hygiene guidelines Hand Hygiene needs to be performed:
 - a. Before and after patient contact
 - b. Before performing an aseptic task
 - c. After exposure to blood and/or body fluids
 - d. After contact with patient surroundings
 - e. All of the above
6. KP Staff must always offer patients free interpreter services and document the use or refusal of such services
 - a. True
 - b. False
7. How can you provide better Care for **LGBTIQ** BY (**L**esbian, **G**ay, **B**isexual, **T**ransgender, **I**ntersexed, **Q**uestioning)
 - a. Keeping an open mind about someone's identity
 - b. Don't be afraid to ask what the patient prefers to be called
 - c. Get educated
 - d. All of the above
8. All employees have responsibility to report actual and potential unusual events that may cause harm to members and visitors, including unsafe systems and processes, by completing unusual occurrence reports-online (UOR-O).
 - a. True
 - b. False
9. Signs that someone is having a stroke may include: slurred speech, facial droop, and/or weakness of an arm or leg especially on one side of body.
 - a. True
 - b. False

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10. Care of Diabetic patients admitted to the hospital includes:
- Get a Hemoglobin A1C
 - Help prevent avoidable Hypoglycemic Events
 - Help prevent patient Re-hospitalization provide a smooth and safe transition from hospital to home
 - All of the above
11. To call an Emergency Code on the MVCH Dial ext. 300.
Match the code title with the description below
- | | | |
|------------------------|-------|--|
| a. Code Red | _____ | Stat Calls – Security Assistance |
| b. Code Orange | _____ | Infant Security System |
| c. Code Blue | _____ | Cardiac or Respiratory Arrest, (baby up to 15lbs) |
| d. Code Grey | _____ | Cardiac or Respiratory Arrest, (over 13yrs) |
| e. Code Pink | _____ | Fire |
| f. Code Secure | _____ | Cardiac or Respiratory Arrest, (baby, 16lbs-13yrs) |
| g. Pediatric Code blue | _____ | Internal or External Disaster |
| h. Code Silver | _____ | Weapon/Hostage Situation |
12. The Safety Hot-Line number for Moreno Valley Medical Center is:
- 300
 - 6600
 - 0 (Operator)
13. ALL KP facilities have implemented a hazardous energy control program to prevent injury to employees. This program is known as:
- Lockout /Tagout
 - Blackout
14. Lockout is a physical lock that:
- Holds a switch in the off position
 - Shuts a valve for maintenance
 - Stops hazardous energy from being released
 - All of the above
15. Tagout is defined as:
- A paper or plastic tag placed on a breaker/switch, or valve as a warning not to operate it
 - Used when a Lockout cannot be used
 - a & b
16. If you routinely work with radioactive material or radiation sources, you may be exposed to low levels of radiation. These low levels are measured with personal dosimeters that should be worn at work and reviewed by the Radiation Safety Officer.
- True
 - False
17. Being aware and equipped to meet age related needs of our members will ensure quality care of the patients and members of all ages.
- True
 - False

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18. Legal Advance Health Care Directives (AHCD) are signed by the patient, and either:
- a. Two witnesses (one not a relative, or KP medical care program personnel, volunteer or Physician may not serve as a witness for members).
 - b. A notary
 - c. Long term care legal Guardian, conservator if completed in a SNF
 - d. Any of the above
19. Physician Orders for Life Sustaining Treatment (POLST) is a:
- a. Physician Order recognized throughout the medical system in CA
 - b. Directive for a range of end-of-life medical treatment
 - c. Portable document that transfers with the patient throughout the medical system
 - d. All of the above
20. What can you find on Kaiser Permanente family violence website?
http://kpnet.kp.org/scal/violence_prevention/riverside.html
- a. Forms
 - b. Resources educational videos. and more
 - c. All material needed for abuse / neglect
 - d. All of the above
21. Annual Health evaluation includes:
- a. Annual questionnaire
 - b. Current on mandated vaccines
 - c. TB skin test
 - d. N95 Fit test for areas that require it
 - e. Annual review of infection control practices and complete a post test
 - f. All of the above
22. Skills and Techniques for De-escalating threat include all of the options except.
- a. Stay professional and in control of yourself - remain calm
 - b. Invade their physical space and look them in the eye
 - c. Listen carefully and empathetically for clues to the conflict
 - d. Answer as many questions as calmly, clearly, quickly, and completely as you can
 - e. Ask for third party help - do not hesitate to ask for help
23. Standard Precautions requires the use of PPE when anticipating contact with:
- a. The patient's blood and body fluids
 - b. The patient's non intact skin and mucous membrane
 - c. a and b
 - d. only a

I have had an opportunity to have my questions answered.

<i>Employee Name (Print Legibly)</i>		<i>Employee Signature</i>	
<i>Department</i>	<i>Location</i>	<i>Employee Number (REQUIRED)</i>	<i>Date</i>