“Implementation of Jean Watson’s Caring Theory within the Transdisciplinary Team”
Kaiser Foundation Rehabilitation Center
By Gail L. Sims and Tina Sweeney
Jean Watson’s Caring Theory Implementation
Compassionate care: Every Patient, Every Time

- Connecting; healing; presence
Lounges

- Beautifying and communicating
Staff Meetings: Sharing Stories, acknowledgements
As a result of our kick-off meeting, we are implementing the following:

1. Uninterrupted assignment-making of one representative from each side meeting behind closed door (5 West South one RN only)
2. Continuity of Care means we strive to keep the same assignment as much as possible from prior day.
3. RNs do preliminary assignment day prior.
4. GRASP and assignment sheet from staffing are to be printed out and placed on assignment binder at least 30 minutes before start of next shift by U/A or RN.
It’s our **attitude** at the **beginning** of a task that **determines** your **success** or **failure**.
Positive Care Experience Behaviors

Making a genuine connection and establishing trust is critical to our success at work.
Vision for future

Patient focused transdisciplinary care team at KFRC
Our Mission

• Kaiser Foundation Rehabilitation Center is an international center of excellence that provides expert, transdisciplinary, culturally competent care and rehabilitation for people with disabling conditions. Through our care, education, training and research, we improve function, expand human potential, and enhance quality of life for the communities we serve.

Our Vision

• We are the best at what we do by always working together to provide excellence in service to every patient, their families, our co-workers, and the greater organization.
SINGING BOWLS
Tibetan Meditation Device

• The Singing Bowl is used to help in relaxation, healing, and promote personal well-being. The vibrations can alter space, mind and time. This device can be used to clear the air and settle the mind.

• Each bowl has a unique “voice” and produces profound sounds which can penetrate the body and mind to create healing. The bowls sing with a complex harmonic. The sounds have a distinctly unique way of affecting people and environments.
Jean Watson’s Transdisciplinary Model in Team Conferences

Mindfulness training
“The Invitation…”

• Guided Meditation